



Week 3

**Start Group by checking in with your group about last week's next step:**

*Pick one of the three steps (stop comparing yourself, stop trying to find happiness in material things, start seeking godly living over comfort) and work on it throughout the week! Pray for each other as you end group today.*

Reread **Matthew 7:1-5** as a group.

Had you ever heard this verse before tonight? If so, how have your thoughts about its meaning changed after tonight?

What is your first reaction when you feel judged by someone?

Are there people that you tend to judge more than others? Why? What do you do when you start to judge someone?

***Leader Notes: When we see someone we disagree with or don't like, it can be easy to judge everything they do. But the warning the Bible gives us about this is that we are just as sinful as the people we judge. We are in no place to judge anyone else before first looking at our own lives.***

Read **Galatians 6:1-3**

According to these verses, is it bad to judge others? When and how should we correct those around us when we see them falling into sin?

Next Step: Today, write these three steps down somewhere you'll see them — Self-reflection, Remember the Gospel, and Grace/compassion. Then, when you are tempted to judge someone else this week, take a look at these steps and ask God for humility.