## Week 1

What is the craziest news you have ever received?

What are some situations in high school that can make life feel uncertain or shaky?

## Read Luke 1:28-47

Mary was "confused and disturbed" when the angel showed up. Can you think of a time when you felt those same emotions about something unexpected?

Mary responded by saying, "I am the Lord's servant." What do you think that meant for her in that moment?

Why do you think it's hard to praise God when life feels uncertain?

Has there been a time when worship (prayer, music, reading Scripture, etc.) helped you through something uncertain? Share about it if you're comfortable.

If you could write your own one-sentence prayer of trust like Mary's, what would it be?

What do you think it looks like to "praise God during uncertainty" this week in your own life?